



## Come Dancing!! Studio – Covid 19 Guidelines

We are currently operating classes in person on Thursdays only beginning on September 10<sup>th</sup>, 2020 at our Clarkson location. (Christ First Church Auditorium – 1700 Mazo Cresc) All other classes will continue online until further notice. We will continue to update you as we are able to recoup and accommodate in-person activities.

Your health and safety are important to us and we want to make sure you stay safe while still enjoying your favourite activity during this time of Pandemic concern.

To ensure we can deliver the best service and be safe, we have implemented a Covid 19 safety guideline. Please see policies below:

**\* Please do not come to the studio if you have symptoms of Covid 19 and have come in contact with people that has tested positive for Covid 19.**

### **Studio and General Facility Safety Measures**

The following measures will be implemented at the studio until further notice:

- All participants (instructors and students) are required to wash hands / sanitize before and after each lesson.
- All staff and students are required to wear a face mask/covering upon entering the dance space and will not be permitted inside otherwise.
- Hand sanitizer with alcohol will be available but we strongly recommend to bring your own with you.
- Other than water, please do not bring any outside food or share items of any kind while in the auditorium for your class.
- Physical distancing of 2 meters must be maintained, except if dancing with your dance partner or as needed for personal training, provided that the student is comfortable with that (e.g. dancing with your teacher but we are going to try to avoid doing this for a little while longer).

- The total number of people permitted in the auditorium cannot exceed the indoor gathering limit of 50 people (which it usually does not, as we keep our classes small.)

*According to Ontario Regulations*

*(<https://www.ontario.ca/laws/regulation/200364>)*

- *In-person teaching and instruction*
- Limit 2 people at a time in the washrooms
- Everyone **must stay home** if ill or experiencing any symptoms of COVID-19. Please do not come to class for everyone's safety.
- Please allow for a 14-day isolation period before coming to the dance studio if you've recently traveled or been in contact with someone who has.

*\*\* Please see Attached form regarding the COVID19 procedures set out by Christ First Church to stay up to date on facility room rental and cleaning procedures.*

### **Group Dance Lessons**

- In-person group lessons must always be booked in advance for us to ensure the appropriate numbers of people in the auditorium at a time. Registration deadlines will be strictly adhered to. Please be considerate of other students' health and safety as well as Come Dancing!!'s ability to do business efficiently by following the timeline guidelines for registration.

Based on the current bylaws, we are now allowed up to 50 people to gather for indoor activities while adhering to social distancing  
→ **This allows us a generous 30 people limit in the auditorium for indoor dance lessons. Currently, all classes are limited to 15 spots with a waitlist.** (One couple in the same household would count as one spot in our classes.)

As always you can email [info@comedancing.ca](mailto:info@comedancing.ca) or call 647-609-3933 to book.

- For everyone's safety, we will not be switching partners during the group classes. If you are joining the class solo, you will be learning the steps without a partner.

\*\* You may arrange to come with two partners if you are in the same bubble and switch *just between the three of you*.

Ex: one gentleman may arrange to be partnered with the same two ladies and only *those two* ladies throughout the duration of the course. Please make arrangements of this kind before you arrive to the first day of class. Come Dancing!! Studio is not responsible for making such arrangements.

- Dance teachers will not be dancing with students during the group classes at this time for everyone's safety.

### **MASKS / FACE COVERINGS**

\*The bylaw allows for temporary removal of a mask or face covering while actively engaging in any athletic or fitness activity that would make wearing a mask difficult or hazardous. Fitness activities may include all water-based or aerobic activities such as swimming, running, spinning, elliptical training, rowing, and dancing.

<https://www.who.int/emergencies/diseases/novel-coronavirus-2019/advice-for-public/myth-busters>

So this would be our recommendation:

\* In hallways it is mandatory to wear a mask.

\* In class session, you may take off your masks if it is hard for you to breathe only within your bubble. In order for us to beat this virus, it is believed that masks are VERY, VERY IMPORTANT. However, we understand that physical activities can make breathing hard. We ask that you take responsibility for yourself and for others around you.

- Please limit your stay in our facility after classes.

We understand that our facility is very conducive to socializing but please exit the building once your classes are done. This allows us to be safe and make sure that we are following city capacity limit rules.

- Waitlists are available if classes are sold out/full. If you are on waitlist, please wait for our confirmation to attend class.

\* Class time transitions will be strictly adhered to. Finishing at the 10 minutes to the hour mark will allow proper time for class transitions will be observed.

- **Online group lessons will continue** until further notice. We know that quite a few of you are still uncertain about returning to in-person classes and we want to make sure you are able to continue to enjoy the fun of dance instruction as you are comfortable, for as long as is needed. We thank everyone who participated in these over the past few months. We look forward to welcoming you back to real life dancing whenever you are ready!

### **Private Lessons**

- There are limited in-person private lesson time slots available at this time and must be booked in advance. Please email us at [info@comedancing.ca](mailto:info@comedancing.ca) to book. Our 24 hour cancellation policy is still in effect.
- Online private lessons are still available to be booked. All schedule times are subject to availability.

If you have any further questions/inquiries/concerns, please do not hesitate to contact us directly at [info@comedancing.ca](mailto:info@comedancing.ca) or 647-609-3933.

Thank you for your patience and your continued support.  
Happy Dancing!

Karen Moniz  
*Director*  
Come Dancing!! Studio  
647-609-3933